

## **Curriculum Vitae**

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## **STUDIES**

2008-2013 PhD at Central School of Speech and Drama  
University of London

Title: Laban – Aristotle: Ζών (Zoon) in Theatre Πράξις.  
A Methodology towards Movement Training for Actors and in  
Acting.

2002-2004 M.A in European Dance Theate Practice, Laban, City University,  
London

1991-1994 B.A. (Hons) in Dance Theatre, City University, London  
Diploma in Dance Theatre, LABAN CENTRE, London

1987-1991 Dance Studies at RALLOU MANU's "GREEK CHORODRAMA",  
Athens Greece

## **Teaching Areas**

Classical Ballet for actors  
Graham Technique  
Movement for Actors and Dancers (Laban Studies)  
Acting  
Choreography

## **SYMPOSIA**

### 2013 COLLOQUIUM OF PERFORMANCE RESEARCH

Conference at Central School and Speech and Drama January 2013.

I delivered a paper titled: Can Laban method claim scientific validity?

### 2010 ZIRIDION INSTITUTION FOR EDUCATION

Symposium for Greek Tragedy I delivered a paper titled: 'Laban effort rhythms, Ancient rhythms in tragedy: The connection'

2009 Central School and Speech and Drama Conference: I delivered a paper titled: The re-evaluation of the laban method: a new way of teaching

2008 Central School of Speech and Drama Conference October I delivered a paper titled: "Aristotle and Laban: The Links"

2008 Central School of Speech and Drama Conference April  
There I delivered a paper titled: 'The adventure of Mimesis'

2001 "DANZE DAI CINQUE CONTINENTI" ROME TEATRO VASCELLO  
There I conducted a workshop on applying Laban's basic principles on both theatre and dance theatre.

### 2000 CAIRO INTERNATIONAL FESTIVAL FOR EXPERIMENTAL THEATRE.

Symposium on the performance Oresteia: Fragments of a Tragic Speech. There I delivered a paper titled: "R.Laban's Movement Principles Applied on Aeschylus' Oresteia"

## **TEACHING EXPERIENCE**

2009-2012 Head of the Department of Movement and Teacher Laban Studies/performance/Ballet/Graham at the Drama School at the Drama School "Proti Praxi"

2006- Teaching Laban Studies/Movement/Ballet/Graham at the Drama School "M.Vogiatzi-Traga"

2009-2010 Teaching Laban Studies at the Drama School "Dilos"

2009-2010 Academic Tutor at Dance School Metropolitan College/ Rowhampton University.

- 2007- 2010 Teaching Laban Studies at the Drama  
AKMI/ Quenn Margaret University
- 2005- Teaching Laban Studies in seminars at the “Cultural Training  
Centre Enastron” Athens.
- 2005- Visitor Teacher in Laban Studies at the M.A programme of the  
Education Department of the University of Thessalias.
- 2003- 2008 Teaching Laban Studies/movement at the Drama School  
“Municipality of St.Barbara”
- 2000 Sivitanidios Technical and Professional School  
Teaching Laban’s Studies in Summer Scholl Programme  
(European Union and Greek Ministry of Education).
- 1998-2011 Teaching Laban Studies/movement/performance at the Drama  
School “THEATRICAL ART”
- 1998-2004 Teaching Laban Studies in seminars at the “THEATRE OF  
CHANGES”, Athens
- 1998- Owner and the main teacher of the Movement Studio that offers  
lessons for actors: Ballet-Graham-Laban studies-performance-acting
- 1997-2005 Head of the Department of Movement and Teacher Laban  
Studies / Performance at the Drama School “CONTEMPORARY  
THEATRE OF ATHENS”, G.Kimoulis
- 1997-1998 Teaching Laban Studies at Drama School “DIOMIDIS  
FOTIADES”
- 1994- 1997 Classical Ballet, Contemporary Dance at “PROTIPO KENTRO  
CHOROU KE KINISIS” Larissa

She established Laban Studies in the curriculum of Drama Schools in Greece since 1997.

All the Drama Schools that she has been working belongs to Higher Education and are fully accredited by the Greek Ministry of Culture

## **PERFORMANCES**

### **AS A CHOREOGRAPHER:**

- 2012 "Troyan Women" By Euripidis Dir V.Nikolaidis  
Theatre "Enastron Athens.
- 2009 "Today, Tomorrow, For ever" At Theatre Thimeli.  
Theatro Thimeli Athens.
- 2003 "Blue and Orange Psychosis" at Bonnie Bird Theatre London.
- 2001 "The Dream of a Ridiculous Man" by F.Dostoevsky. Dir  
R.Pateraki. DRAMATIKO THEATRO ATHINON & FESTIVAL  
TRIPOLIS Tripole
- 2000 "Oresteia, fragments of the Tragic Speech". Dir. M.Zaibel.  
Theatrical Group "DIANOMI". METAXOURGEIO THEATRE  
Athens. Best Director Award at "Cairo International Festival for  
Experimental Theatre"
- "The Circus of the Fairy Tales" by D.Potamitis-G.Bougos.  
Dir.D.Potamitis. "RESEARCH THEATRE" Athens
- "The Idiot" by F.Dostoevsky. Dir. R.Pateraki. THEATRO TZENI  
KAREZI Athens
- 1999 "The Beauty and the Beast" Dir. E.Dimitropoulou. MUNICIPAL  
THEATRE OF VEROIA Veroia.
- "Six Poets" at "RESEARCH THEATRE" Athens
- "E.K." by N.Wound. Dir.D.Potamitis. "RESEARCH THEATRE"  
Athens
- "Dear Animals" by D.Potamitis and G.Bougos. Dir.D.Potamitis.  
"RESEARCH THEATRE" Athens

“Oresteia” by Aeschylus. Dir. G.Kimoulis. CONTEMPORARY THEATRE OF ATHENS

“Agamemnon and Electra”.Dir. A.Andriopoulos. THEATRICAL ART Co. Athens

1998 “Pamela” by S.Richardson. Dir.D.Potamitis. “RESEARCH THEATRE” Athens

“A Tree Named Nicholas”: a play for children. by D.Potamitis. Dir D.Potamitis. “RESEARCH THEATRE” Athens

“E Apologia tou Socrati” (Socrates’ Defence) Dir. A.Anastasakis. Students of the Sivitanideios T&P School. For Summer School’s A New Teaching Approach, by I.Morava, educator.

1996-1997 Series of Performances including:  
“A Streetcar Named Desire”  
“Between”

1994 “Between” at Bonnie Bird Theatre, London

### **AS A MOVEMENT CONSULTANT**

2013 “La Spartizione” by Pierro Chiara. Dir. Dir V.Nikolaidis Theatre Fornos Athens.

2007 “Perasmata” By G.Rousos dir. M.Seibel “Anixto Teatro”. Athens

2000 “Oresteia, fragments of the Tragic Speech”. *The dance of voice* Dir. M.Zaibel. Theatrical Group “DIANOMI”. METAXOURGEIO THEATRE Athens. Best Director Award at “Cairo International Festival for Experimental Theatre” Nominated for: the best performance and for best assemblage.

“Leatherface” by H.Krausser. Dir.M.Zaibel. K.KAZAKOS Co. Athens

“Sperm Wars” by . Dir D.Potamitis. “RESEARCH THEATRE” Athens

1998 “Alma Mater” Dir. M.Mavroyanni. NATIONAL OPERA HOUSE Athens

“The Beauty and the Beast” Dir. E.Dimitropoulou. MUNICIPAL THEATRE OF VEROIA, Veroia

“Oresteia” by Aeschylus. Dir. G.Kimoulis. CONTEMPORARY THEATRE OF ATHENS

“Agamemnon and Electra”.Dir. A.Andriopoulos. THEATRICAL ART Co. Athens

### **AS A CHOREOGRAPHER FOR TELEVISION**

1999 “OLYMPIC GAMES AT ANCIENT GREECE” a documentary film produced by Akmi Co. and the MEIZONOS ELLINISMOU Institution

1998 “HAPPY NEW YEAR GREECE” for the National net ET1

### **AS A DIRECTOR**

2014- Madame de la Carliere by D.Dideot dir. Kiki Selioni Cacoyannis Theatre Athens

1994. “Between” Bonnie Bird Theatre, London.

### **AS A DIRECTOR AND PERFORMER**

2010 “Mary Stuart” CSSD Collision Festival London

2004 “ Blue and orange psychosis” Bonnie Bird theatre Laban London

### **AS A DANCER**

“Six Poets” 1999. RESEARCH THEATRE, Athens

### **Publications**

**2014: Laban-Aristotle: Ζών(Zoon) in Theatre Πράξις (Praxis) Towards a methodology for movement training for the actor and in acting, Athens, Hellinoekdotiki.**