

ROYAL CENTRAL

SCHOOL OF SPEECH & DRAMA

UNIVERSITY OF LONDON

SACHA PLAIGE

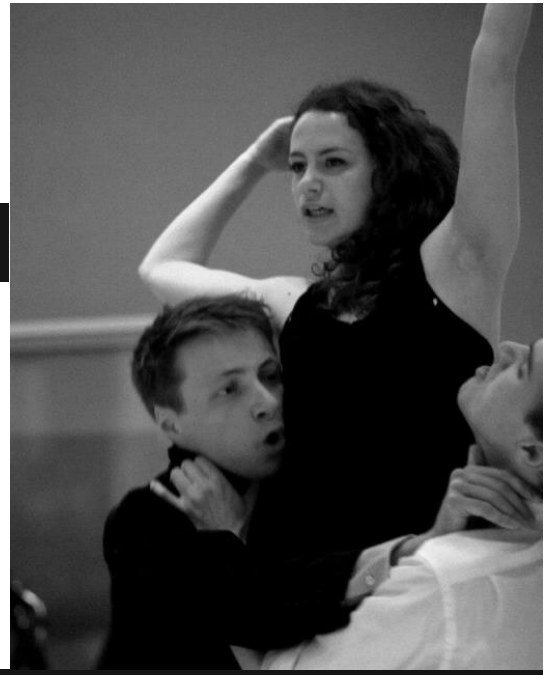
Email

alexandra.plaige@cspd.ac.uk

Website

<http://www.sachaplaige.book.fr>

<http://www.clout-theatre.com>



TRAINING

2016 - 2018 The Royal Central School of Speech and Drama, MA Movement: Directing and Teaching

2009 - 2011 Ecole Internationale de Théâtre Jacques Lecoq, 2 Year Professional Acting Course

2003 - 2007 Russian State University of Cinematography (VGIK), 4 year Acting Course

EXPERIENCE

The Skating Rink

2018 - Garsington Opera (Stewart Laing)

MOVEMENT PLACEMENTS AT CENTRAL

2017 Movement Direction and Support; use of Lecoq's elements and materials and Laban's efforts for character and ensemble work - *Her Naked Skin - Acting (CDT)*, BA 3 year Students (Yael Shavit)

2017 Teaching Placement; Animal Studies - *MA Acting (Contemporary)* (Mentored by Anna Healey)

2017 Movement Direction; Object Theatre and Ensemble work - *Drama, Applied Theatre and Education*, BA 1st Year Students (Becky Proudfoot ; mentored by Ayse Tashkiran)

2018 Assistant Movement Director to Jennifer Jackson - *Brighton Rock - York Theatre Royal* (Esther Richardson/ Pilot Theatre)

2018 Movement Placement - Mentored by Vanessa Ewan - *Revolt. She Said. Revolt Again.* (Hannah Hauer-King)

EXPERIENCE

selected credits

2011 2011 - present Co-Artistic Director and Founding Member of Clout Theatre Company - *selected credits as performer and deviser: FEAST (Battersea Arts Centre 2016); The Various Lives of Infinite Nullity (UK Tour 2014-2015); How A Man Crumbled (International and UK Tour 2012-2015)*

2017 performer - *Lucia Di Lammermoor* - Royal Opera House (Katie Mitchell)

2017 Movement and Commedia Dell'Arte Consultant - *The Marriage of Figaro* - Xameleon Theatre - Cockpit Theatre (Alexia Mankovskaya)

2017 Workshop Leader - *Devising Theatre* - Clout Theatre - St Mary's University Twickenham

2017 Co-Director - *Hold Tight and Sink* - Platform Theatre - Central St Martins

2017 Tutor - *Movement for Actors Class* - Artfix London

2016 Workshop Leader - *Neutral Mask and Dynamics of Movement (elements, materials, colours) 2 week workshop* - Clout Theatre - Madrasa Centre, Turkey

2016 Performer - *Pelléas et Mélisande* - Aix-en-Provence Festival (Katie Mitchell)

2016 Deviser - *Sheriff* - Theatre O - The Young Vic

2015 Workshop Leader - *Lecoq's Dynamics of Movement* - Clout Theatre - Studio 01, Beijing (China)

2014 Visiting Tutor and Showcase Director - *Diploma in Physical Theatre* - Clout Theatre - Summerhall (Edinburgh)

2014 Deviser - *64 Squares* - Rhum and Clay Theatre - Pegasus Theatre (Christopher Harrisson)

2013 Workshop Leader - *Bouffon Workshop* - Clout Theatre - Summerhall

2012 Performer - *The Tightrope (documentary)* (Simon Brook)

2011 2011-2012 Head Movement Tutor for Acting Students Year 1 and 2 - *EICAR International Film School (Paris)*

AWARD

Total Theatre Award Nomination - Emerging Company, 2014

Total Theatre Award Nomination - Emerging Company, 2013

Physical Fest Audience Award, 2013

PROFILE

Half French half Russian, Sacha trained for 10 years as an ice dancer from a young age. She went on to study drama in Moscow on the 4 year acting course at the Russian State University of Cinematography. Upon graduating her passion for movement led her to move back to Paris to study physical theatre at the Ecole Internationale de Théâtre Jacques Lecoq. She went on to co-found award-winning Clout Theatre with fellow Lecoq graduates and started teaching movement at the International Film School of Paris (EICAR) to 1st and 2nd year acting students. She toured extensively in the UK and to China, Germany, Russia and Turkey performing and delivering workshops on Neutral Mask, Dynamics of Movement, Devising Theatre, and Bouffon.

With Clout Theatre she creates work that is surreal, grotesque, dark and provocative. As a performer her work is equally influenced by Lecoq and Stanislavski. Her interests lie in bringing life to a character or a story through playfulness. She combines her love for the abstract with her attention to detail, whether it be in the context of chorus work or minute detailed acting.

LANGUAGES

English, French, Russian

SKILLS

Ice - dancing (10 years training) Dance: Ballet, Contemporary, Jazz, Historical Dance, Russian Folk Yoga, Pilates, Stage Combat, Laban, Lecoq Clown, Bouffon, Chorus Work, Mask Work, Commedia Dell'Arte