ROYAL CENTRAL

SCHOOL OF SPEECH & DRAMA

UNIVERSITY OF LONDON

RACHEL PORTER



COURSES

An Introduction to the Sesame Approach in Drama and Movement Therapy

PROFILE

Rachel is a Drama and movement Therapist in London and Belgium with a special focus upon pre-verbal communication. She trained at and now teaches on the MA Drama and Movement Therapy training at the Royal Central school of Speech and Drama. Through her own company, Attune, she manages Dramatherapists who work with children on the Autistic Spectrum and Profound and Multiple Learning difficulties - https://attunementprocess.co.uk/. Rachel has written a research article about her specialist subject Movement with Touch and Sound as well as two book chapters about Multimodality and Intuition within Dramatherapy practice.

Rachel is also a multi-disciplinary artist/theatre practitioner and co-directs Feral Theatre - http://feraltheatre.co.uk.