

CELESTE DA PALMA

Email

Celeste.da-Palma@cssd.ac.uk



PROFILE

Training

2022-2023 The Royal Central School of Speech and Drama, MA Movement: Directing and Teaching

2018 - 2021 The Royal Central School of Speech and Drama, BA Contemporary Performance Practices

Experience

Movement Experience whilst on the MA Movement: Directing and Teaching

2023 Movement Director (placement), *Her Name Was..* (Yerma, Lorca adaptation), East 15 Acting School, director James Scotland

2023 Movement Teacher (placement), *Elements & Laban Movement*, The Royal Central School of Speech and Drama, 1st year BA (Hons) Acting Musical Theatre, teacher Anna Healey

Movement Direction

2021 Movement Director, *A Disturbance in Mirrors*, BA (Hons) Acting CDT, The Royal Central School of Speech and Drama, Webber Douglas Studio, Director Peter Rice

2023 Movement Director (placement), *Conscience*, Two Thousand and One Theatre Company, Cockpit Theatre, Marylebone, director Laila Latifa

Biography

Celeste is a movement director / coach and choreographer, specialising in sports related coaching and actor sports and physical training.

She is a graduate in BA (Hons) Contemporary Performance Practice, RCSSD in which she trained in devising and creating theatre, mostly through movement. During her studies she also qualified as a personal trainer and fitness coach. She aims to apply her anatomical knowledge and expertise to creating theatre and a safe, hard-working environment for the actors. Celeste trained in contemporary and ballet in Salsa, Bachata and Merengue. She sees herself as a collaborative choreographer, actively working to create choreography with text and to music. Her focus is to celebrate performers in their discovery of inner movement in the creation of choreography based on their rhythm and bodies.

Skills

Contemporary dance, Ballet, Salsa, Merengue, Bachata, Choreography, Fitness coaching, weight training, Business management, Devising, Acting

Languages

English, Spanish, Portuguese