# **ROYAL CENTRAL**

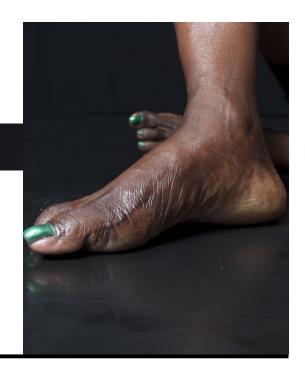
SCHOOL OF SPEECH & DRAMA

UNIVERSITY OF LONDON

# **LATI SAKA**

#### **Email**

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#### **PROFILE**

### **TRAINING**

2022-2023 The Royal Central School of Speech and Drama, MA Movement: Directing and Teaching

2002 Dartington College of Arts, BA Theatre

Laban Centre of Movement and Dance, Dance and Community Studies

Weekend Arts College: training in Drama, Mime, Jazz, Ballet and Singing

#### **EXPERIENCE**

### Movement Experience whilst on the MA Movement: Directing and Teaching

2022 Movement Facilitator (Placement), CDT2 Movement training, mentor and host Helen Iskander

2022 Assistant Movement Director (Placement), *Every Leaf a Hallelujah* Regent's Park Open Air Theatre, Director Chinonyerem Odimba, mentor, host and Movement Director Ingrid MacKinnon

### As a Movement Director/Choreographer (selected)

2023 Choreographer *Still Breathing*, Unlock The Chains Collective in collaboration with Torch, Oxford, Finding Our Way, tour to Ashmolean Museum, All Souls Library, Brookes University

2022 Choreographer, *Here's What She Said to Me* Tour, Utopia Theatre, national tour, Director Mojisola Elufowoju

2021 Movement Director, *And the Girls in Their Sunday Dresses* and *Here's What She Said to Me,* Utopia Theatre at Today I'm Wiser Festival, Arcola Theatre, Director Mojisola Elufowoju

2021 Movement Director, *Anna Hibiscus' Song R&D*, Collaboration between, Theatre Blah Blah, Unicorn Theatre and Utopia Theatre, Directors Deborah Pakkar-Hull and Mojisola Elufowoju, Venues, Unicorn Theatre and Sheffield Theatres.

2021 Choreographer, *Still Breathing*, Unlock The Chains Collective, Sheldonian Theatre, Oxford, Director Euton Daley

2020 Choreographer, *Sold*, Kuumba Nia Arts, Edinburgh Festival, Vault Festival and national and international tours with the original cast and reworked choreography with a new cast member in 2023, Director Euton Daley

2020 Movement Director, Shebang, Urban Motivation, Wac Arts

### As a Movement Facilitator (selected)

2012 - 2023 Co-Facilitator, Inclusive Youth Group, Urban Motivation, Wac Arts

2022 - Ongoing Co-Facilitator, Flux Performing Arts Collective, offering and delivering arts-based workshops to schools in North London

1993 – 1999 Dance Tutor, preparing and delivering crafted Adult Jazz dance; African dance classes; Parent and Toddler movement sessions; and children's dance classes at Greenwich Dance Agency (gDA under the directorship of Richard Blanco, Brendan Keaney)

1990 - 2020 Freelance dance tutor delivering jazz, contemporary, contemporary African dance, and improvisation dance classes to a variety of schools, colleges, universities, and community groups as an independent and on behalf of arts organisations and theatre companies in London and regional counties.

### **AWARDS**

Embassy Scholarship, 2022

Lisa Ullmann Travelling Bursary, 2011

Anima Communications Award for Creative Writing, 1999

#### **BIOGRAPHY**

Lati is a movement director, performer, choreographer and dance teacher born In Nigeria and raised in Britain. She thrives on creating work that challenges perceptions of British culture. Her freelance movement direction practice includes work with numerous arts organisations, schools, colleges, universities, community and youth groups, SEND groups and theatre organisations. She takes great pride in delivering high-quality dance training and performance techniques in fun-filled, inclusive settings. Her aspiration as a movement director is to work frequently in large-scale productions and for film and screen.

### **SKILLS AND QUALIFICATIONS**

Singing; experienced working with children, young people, women's only groups, people with special needs, and adult groups; excellent communications skills; familiar with self-administration: budgeting, planning, and organisation; knowledge of designing posters and other promotional material; performance planning; rehearsal directing; Level 3 City & Guilds Certificate: Awarding in Education and Training (2013); Level 2 YMCA Fitness Instruction (QCF) Group Exercise to Music (2013); Dance Arts International (DAI) Advanced Jazz Dance Training; Enhanced DBS; Rebound Therapy (2021); Level 2 Makaton (2021); National Rescue Award for Swimming Teachers and Coaches (2022).