

REBECCA F WIELD

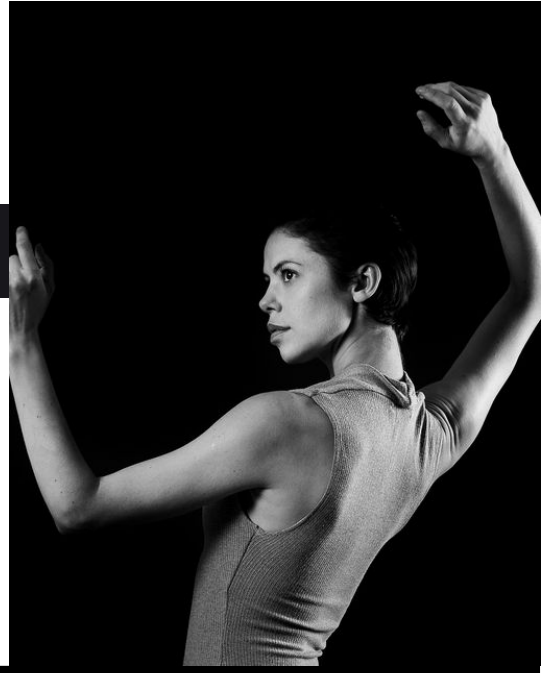
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PROFILE

Training

2022-2023 The Royal Central School of Speech and Drama, MA Movement: Directing and Teaching - Distinction

2021 Guildhall School of Music and Drama, Foundation Certificate in Coaching and Mentoring

2020-2021 Embody Lab, Certificate in Somatic Stress Release

2014-2016 Giles Foreman Centre for Acting, Advanced 20-month Acting Diploma

2004-2005 Pilates Foundation, Comprehensive Pilates Teacher Training (500hr) - Distinction

1994-2002 The Royal Ballet School, Classical Ballet - Distinction

Experience

Movement Experience whilst on the MA Movement: Directing and Teaching

2023 Movement Director (placement), *Biscuits for Breakfast*, Hampstead Theatre, director Tessa Walker

2023 Movement Director (placement), *Roberto Zucco*, 2nd year BA Actors, Fourth Monkey, director Jamie Biddle

2022 Movement Director, *Hamlet*, BA (Hons) CDT 2nd year Bridge Project, director Sinead Rushe

2022 Assistant Choreographer (placement), *Addams Family*, 2nd year BA Musical Theatre, London College of Music, choreographer Sarah Lamb, director Gillian Ford

2022 Movement Director (placement), *Ravenscourt*, Hampstead Theatre, director Tessa Walker

Productions and Teaching

As a Choreographer/Movement Director/Performer

2023 Movement Director, Actor - *Persona* at Saatchi Gallery, London, Director Jesper Eriksson

2022 Choreographer, *I'm King*, Drag Performance, RVT, Ivan - If - A - Boy

2021 Choreographer, director, writer, performer; Lockdown Palladium, live-streamed, producer Jeremy Stockwell

2019 Actor and movement support, *Ghostfruit*, Camden People's Theatre, director Max Wilkinson

2017 Movement director, *Painting*, The White Bear, director Julia-Maria Eiben

Awards

Royal Ballet School Prize for Excellence.

Ninette De Valois Choreographic Competition - 2nd Prize.

Sir Kenneth MacMillan Choreographic Competition - 2nd Prize.

Memberships

Spotlight

Biography

Rebecca is a London born movement director, teacher and performer. She trained at The Royal Ballet School and danced with English National Ballet and Aalto-Ballett (Germany) performing at The Royal Opera House, The London Coliseum, The Royal Albert Hall, Aalto Theatre as well as UK and international tours. Rebecca trained as an actor in 2015 (movement with Liana Nyquist and Yat-Laban movement psychology) and has since worked in theatre, TV and film, including fight roles. Rebecca is also a clinical Pilates teacher and somatics practitioner, she has taught for 18 years including at Cirque du Soleil, Tri-Yoga, Garuda Studio, as well as movement consultancy at Centre for Health and Human Performance and Guy Gold Performance Centre. Rebecca joined the MA Movement Directing and Teaching course at Royal Central School of Speech and Drama in 2021 and has since been named as "One to watch" by Broadway World for her work as Movement Director on placement on Ravenscourt at Hampstead Theatre in 2022.

Rebecca is a neurodivergent artist, this has influenced her approach to designing equitable and compassionate spaces and teaching practices. She is dedicated toward creating a trauma-informed and resilience-building actor-movement pedagogy. Rebecca is fascinated by the embodied history of why people move the way they move and translating this to character and story.

Skills

Laban, Yat Malmgren movement psychology, Ballet, Contemporary dance, Social dance, Improvisation, Ensemble devising, Commedia dell'arte, Acting, Performance Capture, Martial Arts (Sanjuro), Pilates, Feldenkrais, Somatics, Yoga, Swimming, DBS.