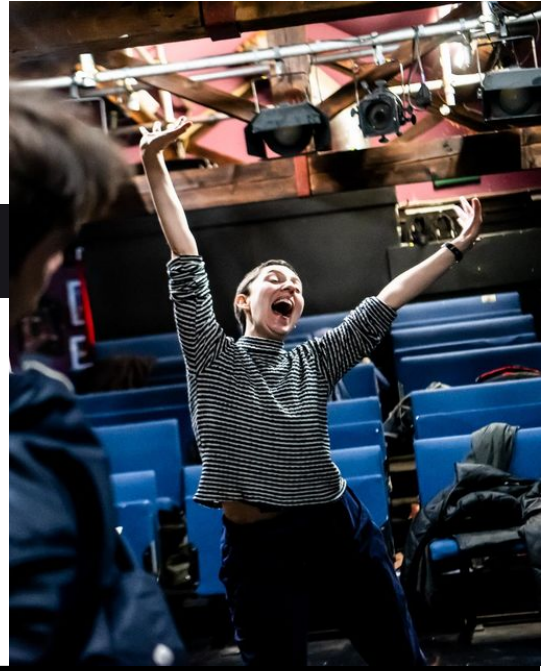


TILDA O'GRADY

Email

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PROFILE

Training

2021-2023 The Royal Central School of Speech and Drama, MA Movement: Directing and Teaching

2015- 2019 Informal training in ensemble movement and devising: Theatre Ad Infinitum; OperaUpClose; Obra Theatre; Animikii Theatre; Eilon Morris; Zoe Katsilerou; Company of Wolves; Emma Bonnici; Gabriel Gawin; RASHDASH; (and in contemporary dance with) Joseph Lau; Fabian Wixe.

2012-2015 Manchester School of Theatre (Man Met), BA (Hons) Acting (First Class)

Experience

Movement Experience whilst on the MA Movement: Directing and Teaching

2022 (on placement with RCSSD as Assistant Movement Director) *The Awakening of Cheerful Feelings Upon the Arrival of Single Men (of Large Fortune)* (by David Merriman, directed by Emma Jude Harris, associate directed by Thyrza Abrahams, choreographed by Nancy Kettle for MA Music Theatre Students) Embassy Theatre, RCSSD.

2022 (on placement with RCSSD as Movement Director) *Julius Caesar* (by William Shakespeare, directed by Michael Fry for BA (Hons) Acting Musical Theatre) Courtyard Theatre, RCSSD.

As a Movement Director (selected)

Forthcoming, *Lear* (by William Shakespeare, directed by Kayleigh Hawkins assistant directed by Misha Duncan Barry for Unseemly Shakespeare) Hope Mill Theatre and Shakespeare North Playhouse.

Forthcoming, *In the Beginning Woman Was the Sun* (written and performed by Houmi Miura, directed by Alyx Tole).

2023 Movement Director, *Pressure Drop* (by Anna Bennett, directed by Adam Karim for Immediate Theatre) Yard Theatre and Schools Tour.

2023 Movement Director, *Get Happy* (written and performed by Joseph Aldous, directed by Piers Black) Pleasance Theatre, London.

2023 Movement Director, *Con-Version* (by Rory Thomas-Howes, directed by Sam Edmunds for Paper Mug Theatre) Vaults Festival.

2022 Movement Director, *Cold Chips & Pick 'n' Mix* (by Sonia Jalaly, directed by Nadia Emam, assistant directed by Darren Sinnott and created in collaboration with the community cast as a part of The Den in M8 Festival) Royal Exchange Theatre.

2022 Movement Director, *Danny Echo*, (by Cody Daigle-Orians, directed by Prue Griffiths for Root and Brant Productions) Lawrence Batley Theatre.

2019 Movement Director, *Hamlet* (by William Shakespeare, directed by Kayleigh Hawkins, assistant directed by Naomi Albans for Unseemly Shakespeare) Hope Mill Theatre.

2019 Movement Director, *When Did You Stop Dancing* (written and performed by Rachel McBride, directed by Alyx Tole for What A Little Bird Told Me) UK Tour.

2018 Movement Consultant/Choreographer, *The Effect* (by Lucy Prebble, directed by Jake Murray for Play With Fire) Oldham Coliseum.

2018 Movement Director, *Romeo and Juliet* (by William Shakespeare, directed by Kayleigh Hawkins, assistant directed by Naomi Albans for Unseemly Shakespeare) Hope Mill Theatre.

As a Movement Teacher

2023 Northampton University- 12 week module in ensemble movement for BA (Acting) 2nd years.

2022 ICTheatre Manchester- guest workshop in ensemble movement for Diploma (Musical Theatre) 3rd years.

2019 Liverpool Theatre School- character work and devising techniques for Diploma (Musical Theatre and Acting) 1st and 2nd years. (cover for Adam Davies).

As a Performer (selected)

2017-2019 *The Chit Chat Chalk Show* (devised in collaboration with Knotted Project and Hawk Dance Theatre) development and National Tours.

2019 *the accident did not take place* (by YESYESNONO devised in collaboration with Emma Clark , Jon Hawkins & Hannah Calascione) Pleasance Associate Company at Edinburgh Fringe and National Tour.

2017 *Faithful Ruslan: The Story of a Guard Dog* (adapted and directed by Helena Kaut-Howson, from the novella by Georgi Vladimov, assistant directed by George Nichols, movement directed by Marcello Magni) Citizens Theatre and Belgrade Theatre.

As a Movement Facilitator (selected)

2021-2022 *Create & Connect* for SoundUp- dance and movement sessions for people living with Dementia and their carers.

2021 *Voices of Hope* for Olympias Music Foundation- movement and dance workshops and culminating performance, created with women refugees and asylum seekers.

2019 (Assistant facilitator and performer) *Time to Bloom* for The Lowry by Knotted Project- devised physical theatre play made in collaboration with young carers from Salford.

2016-2021 Z-Arts, Children and Families Arts Centre- dance and drama facilitator, and story explorer working with families, schools and SEN groups over six years on various projects.

Awards

the accident did not take place shortlisted for Total Theatre Award (2019)

Carleton Hobbs Nomination (2015)

Sam Wanamaker Festival (2015)

Biography

Tilda is a people-centred and process-led practitioner, who is driven by collaboration, social justice and joy. With a significant dance background, she went on to train professionally as an actor, and then work as a theatre-maker, actor, dancer, and facilitator. Tilda has worked in various contexts including in physical and dance theatre, and most notably with a pattern (and love) of making theatre for children and young audiences. She has been movement directing since 2018 and is passionate about collaborating to build vibrant choreography and physicality.

Tilda is a member of inclusive dance and drama group Chilli BON BON which, having joined aged 14, has been foundational in her embodied experience of structures that strive towards equity and self-advocacy, and foundational in her motivations to break down barriers to participation and belonging in the performance industry. Tilda is also an Associate Lecturer at Northampton University on the BA Acting degree, and a creative partner for Access All Areas Performance Making Diploma at RCSSD.

Skills

Ensemble Movement, Laban, Animal Transformation, Elements, Movement Fundamentals, Dance and Choreography (Ballet, Tap, Musical Theatre, Contemporary), Improvisation, 5 Rhythms, Devising Skills, Psychophysical Training, & Viewpoints are all in my toolkit. I also have broad awareness and understanding of many other methods, techniques and practices used in a variety of Actor Training contexts today. Other skills include: Stage Combat (APC Basics), Piano, Flute, Accordion (Basic), Singing (Grade 8), Juggling, recent Vulnerable Adults and Children DBS.

Languages

English; French (basic)

Main photo credit: Lidia Crisafulli