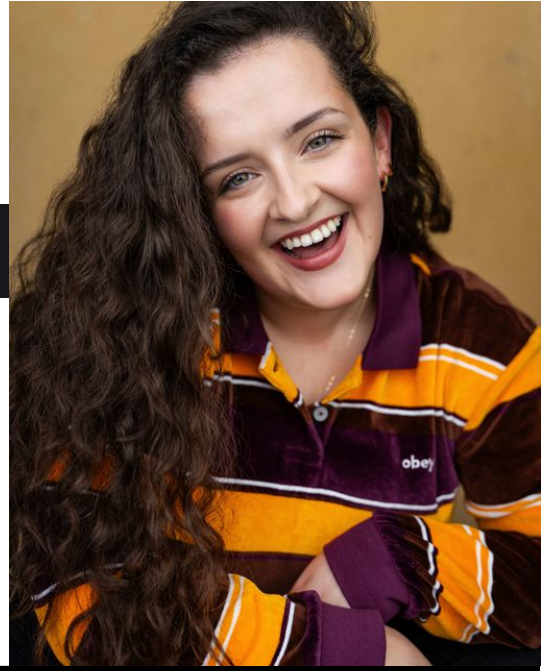


MEADHBH LYONS

Email

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PROFILE

Training

2022-2023 The Royal Central School of Speech and Drama, MA Movement: Directing and Teaching

2021-2022 Trinity Laban Conservatoire of Music and Dance, Graduate Diploma: Dance

2015-2019 University of Galway, BA: Drama, Theatre and Performance Studies

2020-2021 International Dance Teachers Association, Pre Associate 1 & 2 Theatre Craft

Experience

Movement Experience whilst on the MA Movement: Directing and Teaching

2023 Assistant Choreographer. *The Curious Case of Benjamin Button*. Movement Director and Choreographer Chi-San Howard. Director Jethro Compton. Southwark Playhouse.

2023 Co-Movement Director with Emily Orme. *Birdie's Adventures in the Animal Kingdom*. Director Anastasia Bunce. The Greenhouse Theatre.

2023 Assistant Movement Director. *Weeverfish*. Director Andrew Whyment. Placement with MA Music Theatre. Webber Douglas Studio.

2023 Movement Director. *Present Laughter*. Director Jack McMahon. Placement with the BA (Hons) Acting (CDT) at RCSSD. Embassy Theatre.

2023 Movement Teacher. Teaching assistant to Amy Lawrence. Placement with the MA Music Theatre students for their jazz and tap classes at RCSSD.

Movement Direction/Choreography

2024 *Romeo and Juliet*. Movement Director. BADA. New Diorama Theatre. Directors Bethan Clark and Rebecca Todd.

2024 *The Odyssey*. Assistant Choreographer. Unicorn Theatre. Choreography and Movement Direction by Chi-San Howard. Director Jennifer Tang.

2024 *Carrie*. Choreographer/Movement Director. Guildford School of Acting (GSA). BA Actor-Musician 3rd Year Production. Director Sibylla Archdale Kalid.

2024 *Guys and Dolls*. Choreographer. St Mary's Secondary School Ascot. Director Adele Lynch.

2023 *Good Enough Mums Club*. Associate Movement Director. UK Tour. Movement Director and Choreographer Natasha Harrison. Directors Sarah Meadows & Michelle Payne.

2023. *MA Music Theatre Showcase CSSD*. Soho Theatre. Choreographer. Director Stephen Hudson.

2023 *Northern Star*. Movement Director. Toulouse Lautrec. Director Jared Alexander.

2019 *Pippin*. Choreographer. The Black Box Theatre Galway. Director Kevin Murphy.

2018 *Our House*. Choreographer. Bank of Ireland Theatre. Director Martina Tierney.

2017/18 *Alone it Stands*. Movement Director. Bank of Ireland Theatre/Granary Theatre. Director Mark Fitzgerald.

2017 *Dún na mBan Trí Thine*. Movement Assistant. An Thaibhdhearc. Directors Anne McCabe and Marianne Ní Chinnéide.

2017 *Urinetown*. Choreographer. The Black Box Theatre Galway. Director Grainne White.

Teaching

2024 Dance Teacher. Spirit Young Performers Company. London.

2023 Dance Tutor. MA Music Theatre Jazz. Royal Central School of Speech and Drama.

2021 Dance Teacher. The Academy of Dance, Tralee.

2021 Dance Teacher. Roscommon County Youth Theatre.

2021 Dance Teacher. Entr'acte Dublin.

2020 Dance Teacher. Tribes Youth Arts Festival.

2019-2020 Dance Teacher/Choreographer. Galway Youth Musical Theatre.

2019 Dance Teacher. Galway Dance Project & De LoopERS Tanztheater dance2gether Under One Sky.

2016-2020 Dance Teacher. Genevieve Ryan Dance Academy.

Informal Movement Training and Workshops

2023 Frantic Assembly Masterclass Series.

2020 Wise Children Movement Direction Summer School.

Awards

Recipient of the Sylvia Bodmer Memorial Award for Choreological Studies at Trinity Laban Conservatoire of Music and Dance 2022.

Winner of Best Choreographer at the Association of Irish Musical Societies for *Pippin* 2019. (2017 Nominated for Best Choreography for *Urinetown*)

Biography

Meadhbh is a movement director, choreographer and movement teacher from Ireland, now based in London.

She studied Drama, Theatre and Performing Studies in Galway, Ireland, where she worked freelance as a dance teacher and choreographer. She moved to London in 2021 to complete a Graduate Certificate in Dance at Trinity Laban Conservatoire of Music and Dance. There, she developed a keen interest in Laban technique and the study of movement.

Meadhbh is a passionate about collaboration and is an advocate for movement and the body as storyteller. With training in a wide range of dance and movement styles, her practice promotes technique and style as well as celebrating the freedom and expression of the individual and ensemble.

Skills

Choreography, IDTA (ballet, tap, jazz), contemporary dance, musical theatre, ensemble work, actor coaching, Laban, cèilidh, devising, working with children and young people, workshop facilitating.

Languages

English, Irish