# ROYAL CENTRAL

SCHOOL OF SPEECH & DRAMA

UNIVERSITY OF LONDON

# **HELENA REGAN**

Spotlight ID

9095-7839-6130

**Email** 

helena.regan@cssd.ac.uk

Contact

Industry Liaison Manager, Industry.Liaison@cssd.ac.uk

**Personal Details** 

Height: 5'8 (175cm)

Eyes: Hazel Hair: Blonde

Voice: Soprano (B2-F6)



#### **TRAINING**

2023 - 2024 The Royal Central School of Speech and Drama - MA Music Theatre

2017 - 2021 The University of Colorado, Boulder - Bachelor of Arts, Music

2017 - 2021 The University of Colorado, Boulder - Bachelor of Science, Public Relations, Advertising,

and Applied Communication

2019 - 2019 Vienna, Austria - Vocal Performance and Music History

# **PRODUCTIONS AT CENTRAL**

2023 Theatre Girl - Weeverfish (Andrew Whyment)

2023 Stella, Young Heidi, Margie & Dance Captain - Follies (Julia Locascio)

#### **EXPERIENCE**

#### **Musical Theatre & Opera**

2020	Sofia, The Flower Girl - <i>Le Nozze di Figaro</i> - Eklund Opera Company - Macky Concert Hall, Boulder, Colorado
2019	Mrs O'Malley - It's A Wonderful Life - Eklund Opera Company - Macky Concert Hall, Boulder, Colorado
2018	Velma & Dance Captain - West Side Story - Eklund Opera Company - Macky Concert Hall, Boulder, Colorado
2018	Principle Dancer - <i>Ariodante</i> - Eklund Opera Company - Macky Concert Hall, Boulder, Colorado
2017	Paul - Kiss Me Kate - Layard Theatre
2016	Eva Peron - Evita - Layard Theatre

# **AWARDS**

De Witt and Marie Brennan Scholarship for Music; Anthony and Dorothy Riddle Lyric Theatre Performance Prize; Sue Conrad and C. Dickson Titus Memorial Scholarship; Assyrian Scholarship for Music and Drama

#### **ACCENTS**

RP (Native), Heightened RP, General American, Southern American, Australian

# **SKILLS**

Voice: Soprano/Mezzo-Soprano/Alto Range, Legit, MT, Contemporary, Jazz, Pop/Rock, Folk, Choral Singing, Sight Singing, Ensemble Singing. Dance: Ballet, Jazz, Tap, Contemporary, Lyrical, Hip-Hop, Movement, Partner Work. Other: Actor-Musicianship, Piano, Devising, Directing, Choreography, Improvisation, Painting, Yoga, Shakespeare, Horse Riding, PADI Scuba Certified.

# **LANGUAGES**

English (native)