

## EMMY BROOMFIELD

### Job title

Visiting Lecturer



### COURSES

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Central for Business

### PROFILE

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Emmy is an alum of Central's [Voice Studies: Teaching and Coaching, MA/MFA](#). She currently splits her time between working with corporate clients, either in groups or on a one-to-one basis, and working with actors in drama schools. She specialises in presence, confidence, personal impact, and 'being authentically you'. Her practice is informed by her personal interest in psychology and the body-mind connection, as well as the neuroscience of learning and habit building.

As a corporate coach, Emmy works with clients from across the business, charity, government, and education sectors. In recent months she has worked with clients and leaders from organisations such as Collins Aerospace, Salesforce, Monday, Privacy International, Burges Salmon, Linklaters, Greater London Authority, the Clean Air Fund, Whyte and Mackay, Guide Dogs for the Blind Association, and Imperial College London. As a teacher, she leads the Voice for Performance evening course at Central, as well as regularly teaching at Mountview and Sharpe Academy. She is also currently putting the finishing touches on a video course on speaking with confidence and impact which will be available internationally on Coursera, created by Emmy on behalf of the University of London and Central.

Prior to training as a voice and communication coach, Emmy's background was as both a performer and a facilitator. She spent the best part of a decade in the charity sector whilst also maintaining a singing career that saw her performing in shows at the Young Vic, the Barbican Theatre, and Glastonbury Festival amongst others. This rich and varied experience makes her well-placed to coach clients on all elements of being in front of an audience - from speaking in meetings to facilitating training to presenting or performing in front of large audiences.

Alongside her teaching and coaching, she is an advocate for the benefits of singing for well-being and has spoken on panels at the Southbank Centre and RCA, as well as being a guest lecturer at Memorial University in St. Johns, Newfoundland.

In addition to her MA, Emmy is a qualified Oxygen Advantage Functional Breathing Instructor holds a Vocal Health First Aid Certificate.

#### **Testimonial**

*"Fantastic experience - genuinely gave me a competitive advantage over my peers"*

Executive Director – Privacy International

*"Great insight and techniques on how to vastly improve presenting"*

Solicitor – Burges Salmon